

Healthy Delights Menu

HD Bon Appétit
www.hdbonappetit.com

Call/Text 410-963-4208
info@hdbonappetit.com

Shovuos Menu

MUST ORDER BY SATURDAY May 27 @ 11 PM

ALL GLUTEN FREE - NO MSG

Salads

	quart
GF Potato Salad (contains tofu)	\$9
GF Corn Salad	\$9
GF Israeli Salad	\$9
GF Cucumber Salad	\$9
GF Chickpea Salad	\$9
GF Rice Salad (contains almonds)	\$9
GF Garden Salad (comes with dressing on the side)	\$9
GF Garden Salad Bowl (for 8-10 people) (comes with dressing on the side)	\$25

GF Chummus with Tachinah	Pint	\$8
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Soups

	quart
GF Potato Leek Soup	\$9
GF Split Pea Soup	\$9
GF Vegetable Tomato Soup	\$9
GF Vegetable Soup	\$9

Side Dishes

	quart
GF Spanish Rice	\$9
GF Potatoes and Onions	\$9
GF Seasoned Potatoes	\$9
GF Seasoned Sweet Potatoes	\$9
GF Mashed Potatoes	\$9
GF Mashed Sweet Potatoes	\$9
GF Salsa - Pico de Gallo	\$9
GF String Beans with Almonds	\$9
GF Mock Chopped Liver (contains walnuts)	\$15

Main Dishes

	quart
GF Majadra - Lentils & Rice	\$12
GF Gourmet TVP Chili	\$12
GF Sweet Potato Stew	\$12
GF Spaghetti Squash Chow Mein (contains soy)	\$12
GF Oriental Rice & Beans (contains soy)	\$12
GF Chickpea and Lentil Curry	\$12

Desserts

GF Fruit Salad	quart	\$15
GF Fruit Soup (cold)	quart	\$15
GF Fruit Salad Bowl (10-12 people)	Per Bowl	\$30
GF Banana Bread		\$15
GF Blueberry Bread		\$15
GF Chocolate Cake		\$15

GF - Gluten Free

Vegan - Vegetarian - Whole Food - Plant Based
Star - K Kosher Certified Pareve & Pareve Equipment
NO meat - NO dairy - NO fish - NO eggs - NO added oils